



Our mission is to make a positive impact on the lives of those with mild to moderate memory loss, their caregivers, and the community at large.

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## A Note from the Executive Director

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Please allow me to introduce myself. My name is Becky Folta-May and I'm the newest addition to the A Gift of Time family. I'm honored to have been selected as the Executive Director to serve alongside a committed Board of Directors.

While in college, I found my passion for serving individuals with dementia and their caregivers when I had the opportunity to work as a Certified Nurse Assistant (C.N.A) at The Wesleyan at Scenic in Georgetown.

After receiving my BS in Health Professions with a major in Long Term Health Care Administration and became licensed as a Nursing Facility Administrator

(LNFA), my husband Darren and I moved to Dallas where I began my professional career and became a new mom of two wonderful sons.

I spent the first half of my career working as a Human Resources and Risk Management Director for large, religiously affiliated not for profit continuing care retirement communities (CCRC) in the Dallas area. I became certified as a Senior Professional in Human Resources (SPHR) and one of the first Certified Risk Managers (CRM) working in long term care.

In 2007, I had the opportunity to move back to my hometown to open a new continuing care retirement community with The Wesleyan at Estrella in Georgetown. During that time, I also served on the Leading Age Texas Board of Directors.

At the end of 2019, I had the opportunity to use my LNFA license at skilled nursing and assisted living community located in Austin. It was both a challenge and a privilege to work with an excellent team to provide care to our residents during the pandemic when their loved ones were prohibited from entering the building.

It wasn't long before a colleague of mine referred me to A Gift of Time and I knew immediately that I was going to be placed in the right place at the right time yet again.

I'm looking forward to procuring new relationships, support, and funding for Georgetown's first Adult Day Center and promoting Camille's Memory Café.

Warmest Regards,

Becky

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Join us for August  
Virtual Events



**Dr. Tam Cummings Presents**  
**Wednesday August 3, 2022**  
**10AM - 11AM via Zoom**

**TOPIC: Communication in Dementia**

A person with dementia is suffering from a terminal brain disease. Understanding how memory works, knowing the type of dementia your loved one has, along with the stages of the disease, allows caregivers to target conversations to the memories that continue to function. Using this skill allows for interactions with old memories and can lead families and professional caregivers to new insights into their loved one's younger life.

To register please email [education@agiftoftimegeorgetown.org](mailto:education@agiftoftimegeorgetown.org)





## Camille's Virtual Memory Cafe Features: Everything Elvis!!

Part of the A Gift of Time Resources for Dementia collection

Friday August 5, 2022

10:00 A.M.

TOPIC: Join Reg Rowe via Zoom as he shares interesting facts, history and the great music of the King... Elvis Presley

To register click [here](#)



# Camille's Virtual Memory Cafe Features: The Magic of Movie Musicals Part 2

Part of the A Gift of Time Resources for Dementia Collection

Friday August 19, 2022  
10:00 A.M.

TOPIC: Join Vic Figurelli via Zoom as he presents a fun, interactive and musical event showcasing the clips of the most popular movie musicals.

To register click [here](#)



A Gift of Time is pleased to announce that Camille's Memory Cafe will be held in person at the Georgetown Public Library the 3rd Friday's of each month. Stay tuned for more details.

September 16th  
10:00- Noon

What is a Memory Cafe?



Would you like to speak with someone about local resources for persons living with dementia and their caregivers?

preferredname

Please send an email to [info@agiftoftimegeorgetown.org](mailto:info@agiftoftimegeorgetown.org) or call 512-489-0160.

**We're in the News!**



A Gift of Time's Executive Director Becky Folta-May was the Georgetown Sunrise Rotary Club's guest speaker July 14. The group meets at Mel's Lone Star Lanes, with owner David Kellerman greeting A Gift of Time members and Rotarians. Pictured with Ms. Folta-May (from left) Rotarians John Barber, Carola Meister, Carlos Repelli, Bill Kelberlau and Jeff Dahmer.

## A Gift of Time to expand Memory Café program

By BRAD STUTZMAN

A Gift of Time plans to soon expand its popular Camille's Memory Café program, adding in-person meetings to the existing virtual component.

Executive Director Becky Folta-May made the announcement Thursday at the Georgetown Sunrise Rotary meeting where she was invited to be guest speaker.

"We are creating programs for people with dementia and Alzheimer's, to keep them from being isolated and still be in social situations," Ms. Folta-May told the Rotarians, gathering for breakfast at Mel's Lone Star Lanes.

Camille's Memory Café is named in honor of Camille Figurelli, the late wife of former Gift of Time board president Vic Figurelli. Camille Figurelli was known for her outgoing personality and generous spirit. After a long bout with Alzheimer's, she died in 2016.

The program named for her meets from 10 to 11 a.m. on the first and third Friday of each month. Participants, their care-

givers and Gift of Time volunteers engage in memory-stimulating discussions concerning holidays and holiday seasons, as well as music, movies, TV shows and other cultural touchstones from days gone by.

"It's basically a place for people to gather," Ms. Folta-May said. "There can be crafts or a program."

She said A Gift of Time is working with the Georgetown Public Library to add in-person Memory Café meetings in the near future. These would add to, not replace, the virtual meetings.

To sign up for Camille's Memory Café, email [education@agiftoftimegeorgetown.org](mailto:education@agiftoftimegeorgetown.org).

Ms. Folta-May is a long-time Georgetown resident. From 2007 to 2019 she served as executive director for The Wesleyan at Estrella. In that capacity she was in charge of independent living, assisted living and memory care operations across the 40-acre campus, overseeing about 90 employees who cared for a population of approximately 50 older adults.

Ms. Folta-May has been A Gift of Time's executive director since early June and said she hit the ground running. She works from the Gift of Time office at Getsemani Community Center, 412 East 19th Street. The center is an outreach mission of First United Methodist Church.

She told the Sunrise Rotarians that A Gift of Time has a long-term goal of building a day center for adults afflicted with mild to moderate Alzheimer's and other forms of dementia. She said the need in Georgetown is great, noting nearly 30 percent of the city's population is 65 or older. By comparison, the 65 and older population in Austin is about 9 percent.

A Gift of Time also sponsors a virtual program called Living Well with Dementia. Gerontologist and author Dr. Tam Cummings leads the program, which meets the first Wednesday of each month at 10 a.m. To sign up for Living Well with Dementia, email [education@agiftoftimegeorgetown.org](mailto:education@agiftoftimegeorgetown.org).

For more information call Ms. Folta-May at A Gift of Time, 512-489-0160.

## A Gift of Time welcomes two new board members

By BRAD STUTZMAN

A Gift of Time, the Georgetown nonprofit seeking to open a day program for adults with mild to moderate Alzheimer's or other forms of dementia, recently announced two new members have joined its board of directors.

In June, board members unanimously approved Tom Mulhearn and Nicholas Leschke to join their ranks. Board members and Executive Director Becky Folta-May welcomed Mr. Mulhearn and Mr. Leschke.

"We are grateful to have them join the board, and bring their expertise and perspectives to fulfill the vision of the organization in opening the day center," Board President Rick Vasquez said.

"A very warm welcome to our new board members, Nick and Tom," Ms. Folta-May said. "I am grateful for their leadership and commitment as we gather our community's support with the goal of opening Georgetown's first Memory Café and Adult Day Center, which will serve seniors with mild to moderate dementia and their caregivers."

Mr. Mulhearn and his wife of 49 years, Paula, live at Sun City. They are the parents of two adult children.

Mr. Mulhearn has a broad and deep background in nonprofit work. He looks forward to helping A Gift of Time fulfill its mission and goals. In addition to working toward opening a day center, A Gift of Time also sponsors online dementia education and support programs.

"This is a very important need and if I can help I am happy to," Mr. Mulhearn said.

A graduate of both Boston College and New York City's Columbia University, Mr. Mulhearn served from 1968-69 as a Peace Corps volunteer in Bolivia.

After working in the finance departments for both General Motors and the Sperry Rand Corporation, Mr. Mulhearn began a long career with Catholic Relief Services. From 1973 to 1996 he led programs in Latin America and Africa.

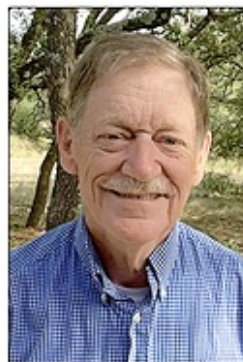
He followed that with 10 years of service with World Vision International, directing efforts in Kenya and Sudan. Also, from 2006-09, he was president of Catholic charities in the Archdiocese of St. Louis in Missouri.

Mr. Leschke hails from Wisconsin, where he was one of five children raised on a dairy farm. His diverse professional career includes stints as both an engineer and a ballet dancer.

Currently, Mr. Leschke is outreach and engagement director



NICK LESCHKE



TOM MULHEARN

at Georgetown Living Alzheimer's Community, located off Shell Road. He is also active in Rotary International and the Georgetown Chamber of Commerce.

"He's a great advocate for families who are dealing with dementia," said Dr. Char Hu, co-founder of Georgetown Living.

Mr. Leschke and his wife, DeeDee, are the parents of two children, ages 5 and 7, who attend Georgetown ISD schools.

"I want to help educate and support families dealing with dementia, and I also want to promote dementia education across the community," Mr. Leschke said. "As the old proverb goes, 'it takes a village to raise a child,' but it will also take the whole community to love, accept and care for our seniors with dignity."

Also serving with Mr. Mulhearn and Mr. Leschke on the board of directors for A Gift of Time are Rose Saenz, vice president; John Stock, treasurer; Brad Stutzman, secretary; and Lisa Sullivan.

A Gift of Time volunteers work from an office at Getsemani Community Center, 412 East 19th Street. The center is an outreach mission of First United Methodist Church.

To sign up for education and support programs, visit [education@agiftoftimegeorgetown.org](mailto:education@agiftoftimegeorgetown.org).

For more information, contact Ms. Folta-May at [becky@agiftoftimegeorgetown.org](mailto:becky@agiftoftimegeorgetown.org)



*On the move*  
**A Gift of Time welcomes new director**

By BRAD STUTZMAN

What's new with a Gift of Time Georgetown? Plenty. The nonprofit, serving those with mild to moderate dementia and their family members, recently moved to a new headquarters and hired Becky Folta-May as executive director.

A Gift of Time has moved its office from downtown Georgetown to a larger space at Getsemani Community Center, 412 East 19th Street. The center is an outreach mission of First United Methodist Church. Ms. Folta-May is scheduled to start work there June 6.

"I have a lot of experience working with dementia and Alzheimer's patients," Ms. Folta-May said. "It really is my true calling."

Ms. Folta-May might be familiar to many Georgetown-area residents. From 2007 to 2019 she served as executive director for The Wesleyan at Estrella. In that capacity she was in charge of independent living, assisted living and memory care operations across the 40-acre campus, overseeing about 90 employees who cared for a population of approximately 600 older adults.

"We are ecstatic to welcome Becky Folta-May as the new executive director for A Gift of Time," said Rick Vasquez, A Gift of Time's board president. "She is charged with leading the path toward fulfilling our vision to open an adult day-services program, serving those living with mild to moderate dementia in the Georgetown area."

"Becky lives in the area and has a history of serving her local community. She brings with her key experience and insights to the organization, to take us over the finish line."

Board Vice President Rose Saenz added that she was referred to A Gift of Time by her peers, who raved about her leadership and her passion for serving the community.

"Her experience and credentials speak volumes for the expertise needed to lead the mission and values of A Gift of Time," Ms. Saenz said. "As a board, we look forward to working alongside Becky."

John Stock, A Gift of Time's treasurer, agreed.

"I am impressed with the depth and breadth of Becky's experience with the senior-living community her many years as an executive director and her intimate knowledge of the local community," he said.

**A strong background**

Becky Folta and her family moved to Georgetown in 1979. Her father, Claude, worked as a mechanical engineer and her mother, Joann, served as a registered nurse at what was then Georgetown Hospital. Becky Folta graduated from Georgetown High School in 1987.

During her sophomore year at Texas State University in San Marcos, she worked at what was then the Wesleyan at Seenic nursing home.

"I was 19 — feeding people, bathing them, changing them," Ms. Folta-May recalled. "After a couple of weeks, I loved it. There was something about helping peo-



Rick Vasquez, president for A Gift of Time Georgetown's board of directors, welcomes new Executive Director Becky Folta-May outside A Gift of Time's new headquarters at Getsemani Community Center, 412 East 19th Street. A Gift of Time is a nonprofit that sponsors programs for those with mild to moderate dementia, as well as their caregivers. The group's ultimate goal is to open an adult day center in Georgetown.

ple who can't help themselves that I just loved."

Returning to San Marcos, she changed her major from nursing to long-term health care administration, earning a bachelor of science degree. She also holds certifications in assisted living administration, nursing facility administration and human resources.

Before leading the team that opened the Wesleyan at Estrella, Ms. Folta-May's professional experience included serving as administrator at the Dallas Home for Jewish Aged.

Ms. Folta-May and her husband of 25 years, Darren, are the parents of two sons; Nathan, 23, and Devin, 19.

Mr. Vasquez said A Gift of Time's board members are also impressed by Ms. Folta-May's involvement at St. John's United Methodist Church, where she is a board and committee member.

**Meeting the need**

In 2017 Josie Zamora founded A Gift of Time as a nonprofit. The group grew out

of a city government survey and subsequent Commission on Aging, which identified Georgetown's need for an affordable day center.

According to city government figures, approximately 30 percent of Georgetown's population is age 65 or older. Based on the 2018 State of the City report and that

dementia, it is estimated that about 80 percent of those receiving care for Alzheimer's are living at home and being served by family members.

With that in mind, A Gift of Time's vision statement is as follows: "To end dementia's stigma, through education and support groups, and to provide caregivers relief through an adult day center where those with mild to moderate dementia will be served in a safe and caring environment."

Ms. Folta-May said it is her goal to build community relationships and support, including financial support for A Gift of Time. She will also manage education programs already in place.

Programs include Caregiver Support Groups, the Living Well with Dementia education series and Camille's Memory Cafe.

A Gift of Time currently hosts virtual programs, with a goal of adding in-person components in the near future. To sign up for any of the programs, visit [education@agiftoftimegeorgetown.org](mailto:education@agiftoftimegeorgetown.org).

**"I have a lot of experience working with dementia and Alzheimer's patients. It really is my true calling."**

**Becky Folta-May**

Executive director for A Gift of Time Georgetown

year's population figures, that percentage represents more than 17,000 people.

Mr. Stock — who from 2009 to 2013 served as executive director for The Caring Place — said age is the number-one risk factor for developing dementia. Mr. Stock said one out of every 10 American adults is responsible for providing or arranging care for a family member or friend suffering from



# 2022 Board Members

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